



THE
WILLIAM
GLASSER
INSTITUTE

teaching the world
choice theory

Reality therapy teaches that we need NOT
be victims of our past or our present *unless we choose to be.*

~ Dr. William Glasser

SUMMER NEWSLETTER - JULY 2009

INSIDE THIS ISSUE:

A Message from The Glassers

European Conference 1

First Catholic School 3

Focus Groups 4

Music City Welcomes WGI 5

From Linda Harshman 6

Choice Theory in Prison 7

The Counseling Environment 11

Glasser Quality School DVD 13

Why Do Kids Act That Way? 13

PDC 14

Leadership Simple 16

Reality Therapy /EART 16

The Baanbrekers 18

Reality Therapy /EART 16

2010 Conference Forms 21-22

Intensive Weeks 23-24



INTERNATIONAL CONFERENCES
*From Edinburgh - '09
to Nashville, Tennessee - '10*

"Big congratulations should be given to the 25 people (coming from Australia, New Zealand, Ireland, Sweden, the UK and the USA) who participated in the Certification Week and became RTC on 23rd June. It was a tremendous week and it's great to have you all on board." (read more about the International Conference on page 2)

"Join us at the Opryland Hotel and Convention Center to experience the energy and excitement of Music City." (read more about the 2010 Conference on page 5)



A MESSAGE FROM THE GLASSERS

dr. william glasser
carleen glasser



We are so sorry to have missed the conference in Edinburgh. We heard it was wonderful and by the looks of the program, the workshops and presentations were outstanding. Great job!

Bill's surgery went very well and his recuperation is progressing better than anticipated. Choice

theory is definitely an advantage to know and practice when something like this happens. We both feel very grateful to have each other as it is our relationship that helps us get through the hard parts and appreciate the smooth ones.

Thank you all who sent loving, caring messages to us both. We appreciate your thoughts, warm wishes, and prayers. It won't be long until we are with you again because you are always on our minds. Knowing there is a strong and committed group of W.G.I. members around the world is enough to get us going and keep us healthy. You are the life blood of this organization and we value every one of you. Thank you all for being so much a part of our lives. Stay well and we'll see you in Nashville, if not sooner!

- Bill and Carleen Glasser



Well wishes from around the world were sent to the Glassers.

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European and International Conference Edinburgh

by John Brickell – Conference Programme Chair

Well, our combined European and International conference, held at Edinburgh University's Pollock Halls campus, has come and gone but the memories will, most certainly, linger long.

Even as I write this, we are still receiving a steady flow of written, as well as verbal, appreciations and thanks from delegates who'd had a fun, connecting, learning, laughing, sharing an "historic" four days.

However, before waxing lyrical about the conference, big congratulations should be given, once again, to the 25 people (coming from Australia, New Zealand, Ireland, Sweden, the UK and the USA) who participated in the Certification Week over the previous five days and became "RTC" on 23rd June. It was a tremendous Week and it's great to have you all "on board".

Speaking of international representation, we had conference delegates attending from 18 countries, namely Australia, New Zealand, Ireland, South Africa, Croatia, Finland, Sweden, Slovenia, Singapore, Japan, South Korea, Israel, Norway, Kuwait, India, Canada, the US and, of course, the UK.

The biggest disappointment was, of course, was the absence of Bill and Carleen Glasser, due to Bill's heart operation three weeks beforehand. Linda Harshman, however, delivered a message and best wishes from Bill and Carleen on the first morning of the conference and was also reassuring by updating us on Bill's steady progress in recovery. We look forward to seeing them next year in Nashville.

Our Keynote presenters were Leon Lojk and Bob Wubbolding, with Leon providing a comprehensive perspective of the journey of the European Association for Reality Therapy in achieving its status as a fully fledged member of the European Association for Psychotherapy. Bob Wubbolding's keynote was titled "Headline or Footnote", the theme being the direction and future of The Institute, which was a forerunner to later discussions at the international meeting and the faculty development morning.

Leon and Bob got us off to a good start and they were followed by no less than 41 individual workshops spread over the following 2 ½ days, covering a wide range of topics relating to *choice theory* applications, the practice of *reality therapy* in counselling and mental health, an impressive number of *lead management* workshops relating to business and education, plus several outstanding research updates and presentations, including ones from Loyola Marymount University (Los Angeles) and another from several of the

2009 Conference!

(Photos taken by Bruce and Brandi)



(Photo by Al Katz)

professors on the 'Glasser Scholars Project'. Thank you, once again, to all of our cadre of presenters and workshop leaders – you did a brilliant job!

And then there were the social events! The first of these was the “Reception Evening” on the first night, which was a very chilled, re-connecting, easy-going and socialising affair (very apt for a first night). Then, the next night was the “Ceilidh Evening” where almost everyone was on their feet and dancing, jigging and reeling to the music of “Or” (the name of our fantastic ceilidh band). What a tremendous night it was!

Our Youth Programme, ably coordinated and led by Hannah Lewsey, was another hit and enjoyed by all of the eight young people attending, several of whom, including Mariah and Kayla Klefman, Robert Visscher, Eliza West and Jesse Harkonen, are “veterans” of previous events and we sincerely hope to be seeing them again at future conferences. The future’s bright with young people like them around.

Last of all was our “Gala Evening”- that started with an “address to the haggis” – involving bagpipes, knives, kilts, sporrans and other highland paraphernalia ... (only someone who attended could begin to explain this old, traditional Scottish rigmarole). It was followed by a superb gala dinner, a few speeches and some presentations of the European “Reality Therapy Psychotherapist” certificate, elegantly presented by Dubravka Stijacic from Croatia, to several qualifying European members plus honorary certificate awards to Bill Glasser and Bob Wubbolding. Bob also received an appreciation gift from all of us in the IRT UK for his outstanding contribution to initiating and helping establish *choice theory* and *reality therapy* in the UK, since the early 1990’s.

So, a great conference had by all and we now look forward to reconnecting next year in Nashville, Tennessee – it looks like a humdinger !!! ~JB

(photo by Brandi & Bruce)



Our Mission

The mission of The William Glasser

Institute is to teach all people choice theory

and to use it as the basis for training in

Reality Therapy, Quality School Education

and Lead-Management.

The members of The Institute believe that

choice theory, reality therapy, and lead-

management are to be taught with integrity

by adhering to fundamental concepts

and incorporating currently available

knowledge.

These concepts guide our relationships and

are reflected in the way The Institute does

business. These beliefs comprise a living

document that can be adjusted over the

course of time as the reality therapy

community grows and changes.

First Catholic School to Declare

by Cathy Thaden, Director of Advancement

On May 1, 2009, Saint Patrick Catholic School in Norfolk, Virginia became the first Catholic school in the nation to declare itself a Glasser Quality School. Dr. and Mrs. Glasser flew in from California for the ceremony which preceded a Southeast Regional Conference chaired by WGI Advisory Board Member, Lucy Billings. Notable choice theory leaders present for the ceremony included Lucy Billings, Ron Carleton, Bill Abbott, Nancy Herrick and Charlotte Wellen. Ms. Wellen and a group of her students from the Murray School in Charlottesville, Virginia presented at the conference on Saturday. The Murray School is the first public school to declare itself a Glasser Quality School.

Saint Patrick Catholic School Principal, Steve Hammond, emphasized, "although the faculty, staff, parents and students have worked hard for over four years to realize this moment, the excitement that we share is because of the genius of Dr. Glasser and the determined work of so many of the people in this audience today."

Saint Patrick Catholic School began operations only four years ago in August 2005. Since that time, the school has been carefully implementing a plan to attain Glasser Quality School status. But as importantly, according to Hammond, "we have been mindful of establishing a culture in which Glasser Quality School principles are foundational, universal and nonnegotiable'. In this manner, the core Glasser Quality School beliefs have been built into the culture and will outlive any one person or group of personalities.

Rhon Carleton, WGI senior faculty, has used choice theory and reality therapy in Christian, faith-based organizations for many years. Rhon addressed the audience in how becoming a Glasser Quality School can assist the school in developing a more authentic Christian community. Carleton said, "I'm particularly pleased to see a Catholic school join other Christian organizations which see Dr. Glasser's work as a helpful means of realizing the Christian mission."

At the end of the one hour ceremony, the third grade led the entire school in singing a rendition of the "Irish Blessing" to Dr. and Mrs. Glasser.

When asked how becoming a Glasser Quality School fits into the school's specific mission of the intentional total formation of each student, Hammond responded, "If you don't teach the whole child, which part do you leave out? Well for us, we will not leave out an understanding of quality and the primacy of warm, productive relationships. In our view, this is integral to what education truly means". ~CT

Dr. Glasser's Schedule

10/01/09 - San Diego, Ca

The Ben Franklin Institute

Judi Beshella

800-643-0797

judi@bfsummit.com

10/17/09 - Los Angeles, Ca

LA County Sober Living Coalition

Jim Coddington

310-305-9567

jctakingflight@gmail.com

Schedule of Events

February 20-24, 2010

Certification Week & Faculty Program

Los Angeles, CA

July 2 - 6, 2010

Faculty Program

Nashville, Tennessee

July 2 - 7, 2010

Certification Week

Nashville, Tennessee

July 7 - 10, 2010

International Conference

Nashville, Tennessee

July 11, 2010

Professional Development Day

Nashville, Tennessee

August 2010

Certification Week

Toronto, Canada

Focus Groups

by Rhonda Weaver, RTC

Caddo Kiowa Technology Center students are learning about choice theory and reality therapy during lunchtime enrichment classes. The students at this rural career/technology school are primarily single parents living in poverty and who are seeking a better life.

The Choice Theory Focus Group is one of five enrichment classes presented during the lunch period. Other subjects are stress management, nutrition, communication skills, and parenting. Participation is voluntary and the discussions cover several aspects of Dr. Glasser's concepts. Participants are led through group activities focused on the Basic Needs, Quality World, Lead Management, and the Seven Deadly Habits and Seven Connecting Habits. Participants gain an understanding of the how the brain works and how the behaviors they choose help them have a better chance of getting what they want. I use the car analogy to keep enthusiasm and interest levels high.

One of my favorite stories is one of a particularly troubled young mother. Her son had been released from an in-patient facility. He was only 14 or 15 and had been termed "a trouble-maker". Within three days of being back home, he was suspended from school for cussing at his teacher. Although we did not have time to sit together for a one-on-one talk, I did give her a copy of Dr. Glasser's book, *For Parents and Teenagers*.

Two weeks later she was in a class in which I was discussing Dr. Glasser's approach. She slammed down her hand on her desk and exclaimed, "It works!"

It turns out that the next time her son began a profanity-filled rant against her, she interrupted him with the following statement: "No matter what you say or do, you can't drive me away. I will always love you no matter what. And with that, he burst into tears".

Although there is more to the story and rough times still to come, it is moments like these that has kept me facilitating focus groups since 2001. ~RW



"It is always nice to have a day with people who refrain from external control."

Carleen Glasser

Teaching Domestic Violence Classes?

by Dennis Fitzpatrick, RTC

Do you search for reality therapy/choice theory materials for your Domestic Violence classes? I have a PowerPoint presentation of 822 slides for 26 weekly classes covering all the bases from the viewpoint of choice theory.

For a free sample DVD contact me at D-F@cox.net.-DF

Another University Exposed to Choice Theory

by Kwee Ong, Senior Faculty

James Cook University at Townsville, Queensland, Australia, has a campus in Singapore. The campus in Singapore offers a Bachelors in Psychology, a Masters in Clinical Psychology and a PSY D in Clinical Psychology.

I was invited to teach choice theory and reality therapy as a compulsory module for Masters and Psy.D candidates under Psy 5012 Methods of Intervention 2 in 2007. It is a three credit course taught over six days within a month. I took the opportunity to do it as a Closed Basic Week.

In 2007 and 2008, a total of twenty-two students did the Basic Week and twenty-one completed the Basic Practicum. Seven have completed the Advanced Week with Ivan Honey and are continuing their Advanced Practicum with me.

This is an ongoing contract with me as long as the University continues to support Dr. Glasser's psychological approach in their Methods course. -KO

Music City Welcomes The William Glasser International Institute

by Lucy Billing Robbins

The Southeast region of The William Glasser Institute is happy to invite you to the 2010 International Conference. Tune into choice theory in Nashville, Tennessee -- the home of country western and gospel music -- from July 7-10, 2010.

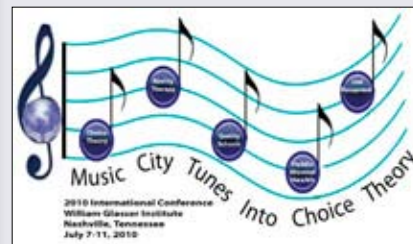
Our venue will be all in one place, under one roof! -- Join us at the Opry-land Hotel and Convention Center to experience the energy and excitement of Music City. On the banks of the Cumberland River, this landmark hotel is just minutes from Nashville International Airport and a short drive or riverboat cruise from downtown Nashville. You'll be amazed at the hotel's nine acres of indoor gardens, cascading waterfalls and an indoor river with its own Delta flatboat. Within this lush landscape you'll discover fine dining and casual restaurants, unique shopping experiences, and a 20,000-square-foot spa and fitness center. And for late night excitement check out the latest entertainment adventure, Fuse Nightclub.

Leaving on a jet plane -- Nashville is within 600 miles of 50% of the United States population, providing extreme accessibility, whether by air or surface transportation. The International Airport has 16 airlines serving 86 markets and sees 404 daily airport arrivals and departures. Southwest Airlines is a featured discount carrier. Driving Nashville is intersected by three major interstate highways: I-40, I-24 and I-65.

A symphony of ideas -- Al Katz, Lisa Rogers and the program committee are working hard to design a useful, innovative selection of workshops. New to this conference will be think-tank collaborative learning opportunities and vendor presentations. Check out the call for proposals (pg 21) and submit yours early.

Youth tuning into choice theory -- The Youth Institute will have two tracks this year due to the increasing number of participants. There will be both a kids' track (ages 7-12) and a teen track (ages 13-17). Plan on making the conference a family affair.

Howdy! It will be great to see ya'll -- The Southeast Region website will soon be linked to a separate site dedicated to the Conference. You will be able to register online and pay any fees using your credit/debit card or PayPal. Registration forms will be available for download at this site should you choose to pay by check (US bank check only) and remit your registration by mail. Once you have registered, you will be able to check your account online as well. We look forward to seeing you in Nashville. Should you have any questions, please contact Lucy Robbins at Lucybillings@earthlink.net. ~LR



Save the Date

07/07/10 through 07/10/10

2010 International Conference

in Nashville Tennessee!

(See forms on page 21 & 22)



Things to know about Nashville, Tennessee:

Was founded in on Christmas Eve 1779.

While Memphis is the largest city in Tennessee, Nashville is the largest metro area in Tennessee with 1.5 million people.

Nashville is well known for the Grand Ole Opry and for being the home of country music.

Tennessee borders eight other states: Kentucky and Virginia to the north; North Carolina to the east; Georgia, Alabama and Mississippi on the south; Arkansas and Missouri on the Mississippi River to the west.

John Brickell and Bob Wubbolding's Report aptly captures the true spirit of the European Conference which was a first class event. Thanks to Brandi Roth and Bruce Clemens for the wonderful array of pictures which are included in this newsletter along with ones from the Katzs.

Training Phases for Practicum Supervisors, which are sponsored by Regions (and held in the respective region), are listed on our website under Upcoming Events. There will be one session scheduled for Cincinnati in November 2009 for the Glasser Scholars who became RTC in Scotland. Congratulations to the highly skilled group I met there!! Seven more are registered to attend the Certification Week in Kentucky.

Plans are underway at our office to make additions to our website over the next month. We will be setting up an email system to invite visitors to sign in and provide us with information relative to their profession, specific areas of interest and whether they would like to receive an email mailing on a monthly basis. I am hopeful that this could lead to increased interest in our intensive weeks. I also have other thoughts about adding video clips of our faculty inviting participants to their particular week. If you wish to participate, please prepare a DVD clip of no more than one and one-half minutes.

Bob Wubbolding has reported on the three day intensive week pilots, the feedback of which will be discussed at our November Advisory Board Meeting. As I indicated in last newsletter, the three day format does not need to replace the four day. Some faculty will continue to offer weeks in four days and others will provide the training in three days if they believe it will meet the needs of the group they are serving.

I am enthusiastic about the research that will be occurring at LMU. One such exciting project is described below by Brad Smith, who has assumed a new position at LMU - Student Affairs, Program Coordinator.

The William Glasser Institute for Research in Public Mental Health at Loyola Marymount University is conducting research on the entire incoming freshman class of 2013. The freshman class (approximately 1500 students) will complete a series of self-report surveys throughout their first college year. Approximately 540 of these freshmen will also participate in the Choice Theory Residence Halls Research Initiative, a living-learning community centered on choice theory principles and reality therapy techniques applied within three large dormitories. Students participating in the choice theory living-learning community will be additionally asked to complete quantitative and qualitative measures of the experience to examine the impact of choice theory on their lives and across multiple dimensions. ~LH



Linda Harshman
Executive Director

Nashville 2010 promises to be another superb conference under the able leadership of Lucy Billings and her Committee. I have visited the hotel site and it is absolutely breath-taking. Certification Week and Faculty Programs will occur beforehand starting with registration, Friday evening, July 2nd, and ending at noon on Wednesday, July 7th. Forms for registering will be posted on our site in the near future.

We will also have a Certification Week and some Faculty Programs in February and the dates are February 20th (Saturday evening registration) through Wednesday, the 24th.

Prior to attending the August Certification Week this year in Kentucky, I will be stopping in Toronto to visit sites for the August 2010 Certification Week in Canada. ~ Linda

Teaching Choice Theory and Reality Therapy to Prison Inmates in Singapore

by Sister Liz Tham, Senior Faculty

PREMISE

This is a summary of a work in progress being carried out with prison inmates by a team of CTRT-trained volunteers in Singapore.

Changi Prison, located in the eastern part of Singapore, prides itself as a secure and exemplary correctional system. Cluster A, recently renovated in 2004, comprises five institutions with a mixture of maximum-security institution, medium security institutions and low-medium security prisons. Altogether the entire complex has the capacity to accommodate 23,000 inmates.

HISTORY

In 2003 the first group of prison counsellors started training in CTRT with Sister Liz Tham, a WGI senior faculty instructor. Some of these continued the certification process and were instrumental in gaining policy approval for all 60 prison counsellors to undertake CTRT training. In the process, some uniformed non-counselling staff were also exposed to CTRT concepts as well. One of them, Daniel Ang, funded his own training all the way to Certification level.

At the request of Daniel Ang, who was a prison supervisor at Cluster A4, Sr Liz Tham gathered a team of volunteers to conduct training and follow-up practicum sessions within the confines of the prison. The proposal was accepted by the authorities who then security-screened the list of volunteers before issuing them with temporary permits to enter Cluster A4.

After the first batch of 16 inmates who opted to participate in the initial programme, 60 others have benefited from the programme in the following years 2007 – 2009.

AIM AND OBJECTIVES

Cluster A4 houses long-term medium-security male prisoners convicted for drug-trafficking, drug-related offences, housebreaking, gang violence and other crimes. A number of them are repeat offenders with a history of multiple convictions. Their ages range from 20 – 60 years.

The focus of CTRT training for them is on rehabilitation and re-education rather than on punishment. Character formation is offered for those who wish to regain control of their lives and to improve relationships with their family and community.

PERSONAL ANECDOTES AND QUOTES

"I've learnt that I cannot change others but myself. I'm always reminding myself this."

"Though I may be losing but I've gained."

"I feel free to share here. Now that this is over, it is something I'll miss. After this course, I'm more aware of my behavior, consequences and direction."

"My parents also see some differences in me. In the past, it's only my way, now I listen to them."

"Before CTRT I was using external control without being aware of it. After CTRT I am still behaving the same way but I know now what I am doing. I believe that some day I will be able to change my own habits."

"I used to think a lot about what is right and wrong. Now after CTRT I am more aware of the choices and decisions I am making."

"Before CTRT I used to have more negative thoughts but after CTRT I begin to have more positive thoughts about myself."

"Before CTRT I used to follow my feelings to do things which would lead me into arguments or fights. Now after CTRT I know how to manage any difficult situation."

"Before CTRT I used to get out of control and bad-tempered easily. Now I can control my temper and my own behaviour."

The objective of the programme is to introduce prison inmates to the concepts and practice of CTRT, enabling them to apply these skills in the areas of self-motivation, self-renewal and personal relationships. The programme includes opportunities for participants to practise the procedures in CTRT for self-evaluation and self-processing.

Consistent with the principles of CTRT, officers were not allowed to select inmates to join the programme. Instead, the inmates were first given an introductory overview of CTRT and then invited to “apply” for training. Each applicant was then interviewed to check his level of language competence and ability to follow the entire six-month programme. Those who were selected came with a high level of motivation and willingness to learn.

Participants came from diverse ethnic groups and religious affiliation, with a higher proportion of Malay-Muslim origin.

PROGRAMME

This programme covered a six-month period. The Basic Intensive Week was taught on four consecutive days of the first month. After that the volunteer team met the participants for three hours each month spread over the next five months. The training was, therefore, continuous and was adapted to the reality and needs of the participants who were divided into smaller groups of five or six to receive personal follow-up.

Each participant received a text book on CTRT and a training file with relevant materials. Books and materials had to be screened first by prison authorities before they could be issued and used by the participants.

During the five months of practicum, participants were encouraged to revise their learning of CTRT concepts and write personal journals on how they practise these in the day-to-day reality of prison living. Excerpts from these journals were shared in their practicum groups to the mutual encouragement of one another.

OBSERVATIONS AND EVALUATION

One of the specific goals of the programme is to evaluate the impact of the use of CTRT by inmates on their response to prison confinement, a lifestyle governed exclusively by the principles of external control. The following observations were made.

1. Although each volunteer was issued with a safety alarm when entering the prison confines, there was never any occasion to use it at all. The inmates were always courteous, respectful and well-behaved at all training sessions. Control issues were practically non-existent for the volunteers.

“In the past I always used external control without realizing it but now I can say:”Sorry, I am not free to talk now” rather than lose my temper and start scolding others.”

“I used to be one of the most problematic and difficult inmates for the staff but, with CTRT, I have learnt to listen when others come up to me and I will even try my best to help them out. CTRT has really helped me.”

“As a recovering drug-abuser, I realize that I have made the choice to use drugs as a means to escape. I can now choose not to use it any more.”

“I came in with a negative, critical and judgmental attitude. Through CTRT I have learned to control and evaluate only myself and to be more realistic in facing my own problems.”

“I used to be rigid in my thinking and lose my temper very easily. Now I can look at things more positively and control my temper.”

“Before CTRT I was not in control of my behaviour and not at all responsible for my actions. For the last six months I realized that I have changed and I have been told so by one of the staff as well.”

“After CTRT I realize that, although my physical self is in prison, my thinking and my doing is now free from the prison. I realize that I am driving my own car and I am the one to make the choice and take the consequences.”

2. Inmates were highly motivated to learn, to take part in activities and to experiment with CTRT concepts and skills. Many admit to a greater sense of success and satisfaction with themselves, their relationships with others when they succeed in using listening, questioning and evaluating processes.

3. A great deal of time was spent, in the four-day intensive week, to establish a trusting environment, favourable to building positive relationships and creatively modelling CTRT behaviours. This required conscious and consistent practice on the part of the volunteers as well and was registered as one of the major pay-offs for them.

4. Observations solicited from the prison officers supervising these inmates were generally positive and favourable. Their perceptions of each inmate were gathered before and after the six-month period and were correlated with a similar self-evaluation exercise carried out by the inmates themselves.

5. Many inmates say CTRT helps them take charge of their own lives, frees them from being imprisoned or *externally controlled* by their own feelings, restores in them hope for the future when, upon release, they will give themselves a second chance to live life the CTRT way. Many repeat offenders gain enough confidence to believe that they will not choose to be back in prison again after their term ends.

6. The more significant positive changes reported by the inmates included becoming more aware of their strength and being able to say sorry when they were wrong. This was concurred by the officer-in-charge from the evaluation form. In addition, they also indicated that the participants were able to express themselves more effectively and exhibited more positive behaviour.

APPRECIATION

This poem was composed by one of the participants from Changi Prison, mid-way during his four-day Intensive week held in March 2009

On Learning Choice Theory

I'm on a one-way ticket to perdition
There's nothing else to blame but my own deadly actions
Obliviousness is synonymous to my way of thinking
Only God knows when this nightmare will be ending

I feel this way though life has its meaning
I've lost all hope to carry on this struggling
By a twist of fate which happened one morning
I was obligated by friendship to attend a so-called counseling
Being skeptical to change or to finding any more hope

"Before CTRT I used to be quite boastful and never think of consequences. Now I've learnt to appreciate and understand my friends better and think carefully before making decisions."

"Before CTRT I would be quite insensitive to others' feelings and show little patience towards them. This habit led me to lose even someone for whom I cared deeply. After CTRT I am now more sensitive and more aware of what I say and how I treat others. I have more friends now."

"I have learnt that I can control my own behaviour and choose my own actions."

Mark your Calendar

Midwest Fall Regional Meeting

Saturday -- 10/24/2009

Chicago Area

email Judy Comstock

judycomstock@midco.net

A team of Choice Theory angels came to teach me the ropes
At the present moment there is no beginning, no end
It's just a transition to greater fulfillment

Choice Theory guided me without answers, but only questions
Which, if practised, would train me to better handle situations
I'm not saying that my future will be absolutely bright
It will just be more worthwhile to take on this fight

I've always looked for a reason to take on this challenge
But then again I myself am my own greatest reason
Things and relationships come and they go
That's why I have to be selfish and start saying no

This isn't flattery, bribery or compensation-searching
It's sincere from four days of genuine soul-searching
The reason for writing this poem and composition
Is to show my gratitude, thanks and a whole lot of appreciation

RECOMMENDATIONS

1. The CTRT Team is committed to continue training and evaluation on an annual voluntary basis.
2. It would be helpful if the prison staff supervising the inmates are to be trained in CTRT as well so that the impact of training on the inmates will be better appreciated and understood by their supervisors. This training, however, at staff level, will have to be parallel but separate from that of the inmates so as to give inmates the maximum freedom to express themselves while undergoing training.
3. The evaluation procedures carried out should be refined for greater precision, relevance and clinical validity.
4. Further suggestions and feedback from the prison staff on this project will be most welcome and given careful consideration so as to satisfy more fully the agendas of both prison authorities and inmates. ~LT

(Edinburgh- photo by Al Katz)



Congratulations!

New Reality Therapy Certified

8 in Finland in March, 2009

25 people in Scotland

Practicum Supervisors

BOSNIA & HERZEGOVINA

Aida Ganovic

Dragica Jovicic Pecenkovic

Emina Kadic

CROATIA

Denise Skrobe

FINLAND

Jouni Lehto

SLOVENIA

Misa Ignijic-Turnsek

Erna Klancisar

Miran Skerlj

Basic Week Instructor

AUSTRALIA

Mary-Ellen Davis

Sylvia Habel

CROATIA

Davor Apostolovski

Irena Krajcar Kkalj

Nevena Petrovic

Zivana Ivas Stegic

The Counseling Environment with a Schizophrenic Parolee

by Barry Karlin, MSW, RTC

This is dedicated and inspired by the amazing transformation that affected me after ten months of working with a young man I will shortly describe. Some of my greatest joys in life are good drama in film or theatre, being moved to tears by honesty and laughter, which is, as Glasser refers to it, the genetic reward for learning when having fun. I have been impressed by the process of creating the counseling environment with this client I call Brad, because of his Brad Pitt-like good looks. What impressed me was something unusual that occurred later on in the relationship that was to forever forge a bond between us, much to my surprise and astonishment. One never knows the true effect one has as a counselor or therapist on a client, especially someone labeled Schizophrenic and a criminal. Although I have his permission to write about him, I have decided not to reveal his name. He only inquired if he would be on Oprah! Indeed!

Brad, a 24 year old man, was released from prison having been identified as having a mental illness and diagnosed as Schizophrenic, Paranoid Type, along with several other diagnoses. Having obtained Reality Therapy Certification in the early 1990's, I am not a big believer in the "big book of mental disorders" otherwise known as DSM IV TR. I have mostly accepted Glasser's premise about mental illness as not existing, especially in regards to the prison population that seem to be, as Brad asserted, substance-induced. Our system administers antipsychotics, antidepressants and mood stabilizers for Bipolar-labeled clients.

Glasser states that "In their finest hour... the relationship we develop with people is about 90%...the rest of what we do is about 1%.... If you can't figure out how to make a relationship with people in a way that they will allow us into their worlds, they will never listen to us."

After experiencing Brad's initial resistance, paranoid ideation, general refusal to reveal any past psychiatric history, I just focused on letting him read me the Bible, which was in his Quality World. He slowly revealed much of his life to me over the course of ten months until he "misunderstood" his parole agent's instructions and was sent back to prison for a violation lasting two months. He successfully argued his position and had time reduced from a possible eight month stay.

One day I received a letter on the back of a form issued as a receipt for his psychiatric medications. I was NOT surprised he had written to me, however atypical this was for a person in prison to write to his therapist. In the note, he had asked me to contact Social Security to inform them he was incarcerated. The family was also not informed of his violation and he was worried

Congratulations!

SLOVENIA

Nevenka Bandelj
Dubravka Hrovatic
Janez Planinc
Darka Verbic
Ana Nusa Kern

Basic Week Instructor

SOUTH AFRICA

Norman Cloete
Nicholas Links
Mitchell Messina
Gerhard Van Schalkwyk
Henry Van Wyk

Rose Inza Kim, a Senior Instructor from Korea and the Director of the Korea Counseling Center, was appointed Director of the Yong Moon Graduate School of Psychology in Seoul, Korea, on 6/15/09. A very big congratulations, Rose. This is indeed an honor and another step forward for choice theory!!!



Another wonderful memory from the Scotland Conference!

about his few belongings and wanted his family contacted as he did not have the addresses. I decided to write a letter of encouragement with the group I conduct, having everyone who cared to write a few lines.

Several weeks later around Thanksgiving, I received a series of letters from Brad, which turned out to be a past homework assignment and a first draft of an autobiography of traumas and events. I learned he had great memory of his life, of those he had hurt, and terrific handwriting, with a distinct style all his own. He also had a great sense of humor. I was blown away and deeply humbled that anyone, especially someone "labeled Schizophrenic", would take the time to re-construct his life in some fifty-nine pages in an environment where paper and writing is difficult at best. I learned that I had inspired his self-expression and found it to be a faucet that did not appear to want to shut off. I read the bio in San Diego at the Erickson Foundation Brief Therapy Conference. When Christmas time rolled around I wrote back a short note that was humorous and informative telling him about reality therapy and choice theory.

When he was released I loaned Brad a copy of *Choice Theory* not knowing if he could concentrate enough to read and comprehend the material. He lost the book in one day, informed me he ordered a copy on Amazon.com, read approximately 220 pages and wrote me a report about it. He later said I was in his Quality World.

Recently Brad accompanied me to a local Mental Health Association meeting and rode his bike many miles to attend along with a family member. Having future goals of being an artist, he brought his passionate religious art work which was displayed at the event and helped him make some connections.

The trust and respect Brad bestowed upon me is a most noble and gratifying feeling, unlike anything I have experienced with this population. I am not certain how I achieved this with him. I hope he is able to develop his artistic sense of self and obtain some of his Quality World wants. What stands out in my mind, besides the glorious letters, is the fact that for many months prior to being arrested, Brad lived as a homeless person and never once complained about his lot in life. Once we achieved a Quality World counseling relationship, he displayed to me a joy in his faith, an appreciation of his freedom and need for fun, while discovering life in the real world instead of the world in his head.

This is not the end of his story; it's about the journey and is a work in progress. ~BK

2009 Conference!



Photo by Al Katz



Glaser Quality Schools In Action (DVD)

by Brian Lennon



This recording is of special interest to educators everywhere, especially those considering or already involved in becoming a Glaser Quality School. The double DVD set contains the complete recording of a workshop held in Dublin (Ireland) in October 2008.

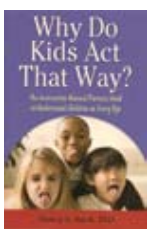
Charlotte Wellen and nine students from the Murray High School, Virginia, USA admirably convey the spirit and day-to-day working of their Glaser Quality School.

Another presentation by Ana Nusa Kern, principal of a Slovenian Quality School (Preserje Pri Radomljah) shows how the same ideas can be used in a mainstream second level school in a European context.

This gives a special opportunity to hear first-hand accounts of the workings of a Glaser Quality School from two very different colleges that follow these revolutionary ideas. The DVD set contains almost five hours of recording.

Two versions are available: Zone 1 (USA/Canada) and Zone 2 (Europe and other countries sharing the same video system). These may be purchased online from www.wgii.ie/shop/ and costs approximately US\$42, CAN\$48, AUS\$52, £25. ~BL

Why Do Kids Act That Way?



Why Do Kids Act That Way? The Instruction Manual Parents Need to Understand Children at Every Age, a new book by Nancy Buck, is now available for purchase on her website, www.peacefulparenting.com.

Being a parent is a wonderful and daunting task. Where do you get the training to be a good, responsible and loving parent? Psychologist Nancy Buck, has a solution based on the science of choice theory. In easy-to-understand language, she will reveal what motivates all behavior (yours and your child's) and give you a new, effective method that will help your whole family. No matter how old your child is, you'll find practical strategies and techniques for a wide variety of issues: swearing, homework, eating, chores, sexuality, biting lying and more.

2009 Conference!





The Professional Development Committee has not met since the March 2009 WGI advisory Board Meeting. Nevertheless, there have been several notable and significant professional development events. These include: (1) testing the possibility of whether 3-day intensive weeks are workable and satisfactory, (2) the Fourth International European Conference held in Edinburgh, Scotland, and (3) the Professional Development Day held immediately following the Conference.

3-Day Intensive Weeks:

Bob Hoglund and myself conducted 3-day Intensive Weeks at Loyola Marymount University in Los Angeles June 6-8, 2009.

The purpose of this trial was to determine whether a 3-day format would provide a quality experience for participants. This was to fulfill the urgent directive of the WGI Legal Board to develop an appropriate, relatively minor and immediate alteration in the certification process.

Participant evaluations demonstrated an overwhelming satisfaction with the training received. A full report will be presented to the Advisory Board in November, 2009. While this innovation is controversial, The Glasser Institute has always defined quality as satisfying participants' needs according to and even beyond their expectations. It seems evident that with diminishing numbers attending intensive weeks and continuing through certification, agencies, schools and the public find 4-day training programs less attractive, i.e., not appealing enough to allow employees that amount of time away from their work responsibilities.

The Fourth International European Conference:

With special thanks to John Brickell, Adrian Gorman and their committees, 210 participants engaged in highly informative and creative presentations ranging from reality therapy applied to psychotic patients in mental hospitals, personal growth, building relationships, online training, research, the Loyola Marymount University connection and mission, classrooms, coaching, empowering women in Bangladesh and, of course, role play demonstrations. Delegates came from 18 countries with high representation from Slovenia and Croatia, South Africa and the United States as well as The United Kingdom, Ireland, Singapore, Kuwait, India, Japan, Korea, Norway, Israel, Finland, Sweden, Australia, New Zealand and Canada. Especially celebrated was the recognition by the European Association of Psychotherapy of reality therapy as a proven and scientific stand-alone theory of psychotherapy. This historic event finalized in June 2008 was the culmination of 7 years of relentless effort spearheaded by Leon Lojk of Slovenia. We owe a special thank you to Dr. Glasser, the founder of reality therapy, and to the European Association of Reality Therapy (EART) for this prestigious accomplishment. The conference culminated in the gala evening at which participants ate heartily and enjoyed the bagpiper and the traditional "Cutting the Haggis".

Professional Development Day:

Approximately 65 people attended the Faculty Professional Development Day held the morning following the conference.

A lively and participative discussion focused on the future unity of The William Glasser Institute, promotion of intensive weeks, and participants' concerns. The second half of the meeting consisted in brainstorming ideas on marketing, youth programs, structuring training, strategies for the future, connections/technology, modifying the system from within, curriculum, 2010 conference in Nashville, TN. Summaries of this brainstorming session were presented orally and on paper. These summaries will be utilized in the 2010 Professional Development Day. The following summaries were turned in at the end of the meeting.

Marketing: suggestions included the following:

One-day workshops

Chat room

Creating products, e.g., CDs, DVDs, . . .

Advertise in media

Free workshops

Lower the cost of training

Focus groups

Youth Programs: suggestions included the following:

Develop programs for various age groups

Faculty volunteer to be consultants

Offer certificates to youth for programs taught by faculty

Structuring Training: suggestions included the following:

Specific strands for managers, quality schools, etc.,

Share syllabi

Flexibility in teaching units: one-day, two-day etc.,

Strategies for the Future: suggestions included the following:

Create strategic planning committee, i.e., international advisory board

Conduct research

Connections/Technology: suggestions included the following:

Opportunities for online discussion/forums/chat rooms

Link WGI website to international RT/CT organizations

Do not let technology move into online training

Use twitter, facebook, etc.,

Have online class to teach faculty how to use technology

Have daily messages from Dr. Glasser

Modifying the System from within: suggestions included the following:

Faculty retreats

Train faculty in specific areas

Design and implement a process to share the ideas generated today

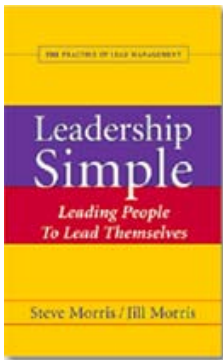
Rather than lower the costs, focus on resources, results and speak to the needs of the people, i.e., where they would see the value

Create in house consultants for specific areas

In summary, the most immediate need of The William Glasser Institute is to increase attendance at intensive weeks, the major source of institute revenue. Signs for a hopeful future include the intense and evident commitment of the faculty, the Glasser Scholars Program, the Loyola Marymount William Glasser Institute for Research and Public Mental Health, regional associations such as EART and plans for an Asian/Australian association. ~RW

Leadership Simple: Leading People to Lead Themselves

by Steve and Jill Morris



This groundbreaking book provides the missing link that turns great ideas into performance gains in business. It explains and demonstrates a simple model based on choice theory and lead management that can be used to coach and guide any group or person, workers or managers, towards the ultimate goal of the leader, leading people to lead themselves.

In *Leadership Simple*, the authors present Lead Management, a conversational model anyone can use to bridge the gap between telling and action. Using the processes and tools demonstrated in this book you will move from command, and control to a business environment where people take initiative and ownership for their actions and results. International orders at Amazon.com or US orders at www.choiceworks.com.

Contact us at 619-450-6777 or email us at gapcloser@choiceworks.com. ~S&JM

Reality Therapy Psychotherapy Training Recognized by Eart

by Boba Lojk, Senior Faculty

Integral training in Reality Therapy psychotherapy which is recognized by the European Association for Psychotherapy takes years and includes about 1500 hours. The prerequisite is a university or bachelor's degree in humanistic science (medical, psychology, social work) or equivalent. The training process ends with a final demonstration of professional competency. Training is provided by the European Association for Reality Therapy and realized through the Institute for Reality Therapy in Slovenia which is preparing to become an European Accrediting Psychotherapy Training Institute (EAPTI).

During the 4th European & International RT Conference in Edinburgh three groups of RT psychotherapists were awarded:

A. The EART Awarding Board decided to award as RT psychotherapists a group of pioneers, that is those teachers who have taught Reality Therapy in Europe for many years:

1. Dr. William Glasser, author of RT and CT and founder of WGI;
2. Robert Wubbolding, Senior Faculty, Director of Training for WGI, who has taught in Europe - United Kingdom, Croatia, Slovenia;
3. Suzy Hallock- Bannigan, Senior Faculty, who has taught in Ireland for many years;

2009 Conference!



4. John Brickell, Senior Faculty, who has taught in UK, Finland, Norway and Macedonia;
5. Brian Lennon, Senior Faculty, who has taught in Ireland and Spain;
6. Leon Lojk, Senior faculty and ECP holder, who has taught in Slovenia, Croatia, Italy and Bosnia and Herzegovina; and,
7. Bosiljka Lojk, Senior Faculty and ECP holder, who has taught in Slovenia, Croatia, Bosnia and Herzegovina.

B. Based on Reality Therapy nineteen people in Europe have already received European Certificate for Psychotherapy (ECP) from European Association for Psychotherapy. For many years all of them have been involved in Reality Therapy Training and practice. Now they are awarded also by EART as RT psychotherapist.

1. Darja Boben – Bardutzky, BWI, ECP holder from Slovenia;
2. Radovan Zupancic, BWI, ECP holder from Slovenia;
3. Herman Vernik, BWI, ECP holder from Slovenia;
4. Jani Bras, BWI, ECP holder from Slovenia;
5. Bojana Gobbo, BWI, ECP holder from Slovenia;
6. Darka Verbic, BWI, ECP holder from Slovenia;
7. Mirjana Palcic – Bubnic, BWI, ECP holder from Slovenia;
8. Jozica Barboric, ECP holder from Slovenia;
9. Dubravka Stijacic, BWI, ECP holder from Croatia;
10. Asja Palinic – Cvitanovic, BWI, ECP holder from Croatia;
11. Igor Longo, BWI, ECP holder from Croatia;
12. Jasna Slokovic, Supervisor, ECP holder from Croatia;
13. Denize Vojvoda – Scrobe, Supervisor, ECP holder from Croatia;
14. Irena Krajcar – Kokalj, BWI, ECP holder from Croatia;
15. Davor Apostolovski, BWI, ECP holder from Croatia;
16. Nermina Vehabovic – Rudez, BWI, ECP holder from Bosnia and Herzegovina;
17. Dragica Jovicic – Pecenkovic, Supervisor, ECP holder from Bosnia and Herzegovina.

C. RT psychotherapists who have been awarded through EART's Grandparenting procedure. They have been involved with RT training and practice for many years. They all had to apply and submit the documents of their Integral RT training, validation of clinical practice, and confirmation of personal therapy and Case study.

1. Tea Morelato, from Croatia;
2. Jelena Bicanic, BWI from Croatia;
3. Branka Andukic, Supervisor from Croatia;
4. Ines Poropat, from Croatia;
5. Ines Puhar, from Croatia;

[Choice Practice: Connecting the Worldwide Choice Theory Community](#)

by Rebekah Russell, RTC, Editor

Choice Practice Ezine (Electronic Magazine) is a dynamic network of people sharing inspiring stories and information about living choice theory.

The difference is that these connections are shared across physical boundaries via the internet creating an interactive and vibrant community.

Choice Practice Ezine features engaging interviews with real people facing the challenges of living an internal control approach within an often external control world. Articles also examine the practical steps organisations can take to implement lead management and choice theory illustrated by current examples. Choice Practice explores how networks can be created to support the development of choice theory and provides updates on relevant choice theory resources and success stories.

I invite you visit us at choicepractice.org. You will connect with like-minded people and walk away having spent 10 minutes adding quality to your life! ~RR

6. Doris Grbac, from Croatia;
7. Natasa Basanic Cus, from Croatia;
8. Mirjana Zecirevic, BWI from Croatia;
9. Ljiljana Supraha, Supervisor from Croatia;
10. Nevena Petrovic, BWI from Croatia;
11. Zivana Stegic Ivas, BWI from Croatia;
12. Heidi Harkonen, from Finland;
13. Jari Harkonen, BWI from Finland;
14. Arthur Dunne, Senior Faculty from Ireland;
15. Marcella Finnerty, Senior Faculty from Ireland;
16. Jimmie Woods, Senior Faculty from Ireland;
17. Darja Burgar, Supervisor from Slovenia;
18. Olga Lilija Hribernik, Supervisor from Slovenia;
19. Ksenija Centa, Supervsior from Slovenia;
20. Janez Planinc, BWI from Slovenia;
21. Barbara Krnc, Supervisor from Slovenia;
22. Adrian Gorman, Supervisor from U.K

Presently, 63 participants are in the process of regular training in Slovenia, Croatia and Bosnia and Herzegovina. In the year 2011, the first of them will be receive awards. ~BL

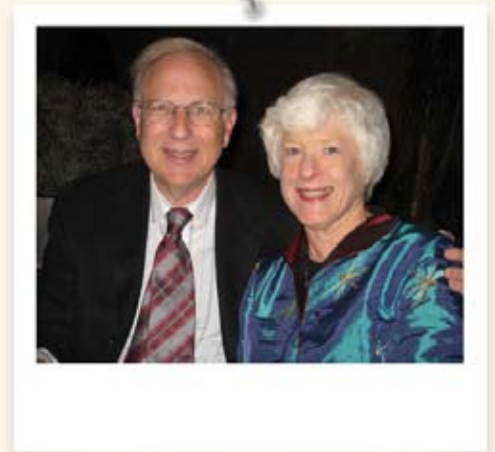
The Baanbrekers¹: The Big Five – South Africa’s First Basic Week Instructors

by Jean Seville Suffield, Senior Faculty

What started as a dream in 2004, with a Basic Intensive Week in Chicago, has come to fruition as The Big Five become South Africa’s first basic week instructors: Norman Cloëte, Nicholas Jacobus Links (Bobby), Mitchell Messina, Gerhard van Schalkwyk (Roy), and Henry Benjamin van Wyk. Each is unique with great strengths and talents but what characterizes this group best is their sense of commitment to one another, their collaborative practices and their passionate love for Africa. We see this in the way they relate to one another, the manner in which they share materials and fine-tune their skills. We observe their keen humour and camaraderie: Roy’s double-entendres, Mitchell’s chuckle, Bobby’s appreciative grin, Norman’s gusto laughter and Henry’s quiet reflective smile. Let’s get to know them better.

Norman has been the Principal of Weston High School in Vredenburg in the Western Cape for more than twenty years. In July 2008 he was seconded to the District Office as the Institutional Management and Governance Manager (Superintendent). He is Vice-Chairman of The William Glasser Institute – South Africa and a member of the Sea Harvest Foundation, an organization giving assistance to the improvement of education.

2009 Conference!



Bobby has been teaching at SA van Wyk High School for the last twenty-one years and is Head of Department. His team is responsible for teacher development. Bobby is the liaison teacher for the Student Council and offers training to its members. He is also involved in offering training to other Student Councils in area schools and works with parents on a regular basis.

Mitchell has been involved with education for more than thirty years, as Principal and Circuit Manager in the Western Cape Education Department. He is currently an educational consultant helping to transform and develop schools in South Africa. He offers INSET, in-service training for Heads of Department, Deputy Principals and School Management Teams in the Western Cape. Mitchell's focus is Leadership and Management training which he offers throughout the school year.

Roy is the Principal of St. Andrew's Primary School in the Western Cape Province. He is the region's Coordinator of the Safe Schools Directorate and Chairman of the West Coast Quality Schools Initiative affiliated with The William Glasser Institute – South Africa. In addition, Roy serves as an executive member of the WGI – Africa.

Henry is from the Northern Cape Province in South Africa. He is currently the Principal of S.A. van Wyk High School where he teaches Afrikaans to Grade 8 learners. Henry is a part of a team who trains teachers in Conflict Management. He also offers training to the Representative Council of Learners for his own school as well as other schools in the area.

During the Faculty Training, with a play on The Big Five Game Reserves, each candidate chose an animal which, in some way, represented some of the characteristics and strengths portrayed within himself. Norman is the Cape Buffalo (*Syncerus caffer*). The buffalo is known for its exceptional memory and is the only African creature that has the strength to cause the lion to 'think twice.' Norman's presence offers great strength and support to family, friends and colleagues. He is a wealth of information and an effective problem-solver.

The Rhinoceros² (*Diceros bicornis* (black)/*Ceratotherium sinum* (white)), is known for its strength as well with its well-developed senses of hearing and smell. Bobby's key strength is that of 'listening.' He is attentive and offers to others a feeling of interest and belonging during any conversation or discussion.

The African Elephant (*Loxodonta Africana*) is the biggest land mammal on earth. Generally, elephants are peaceful animals that live and travel in family formations. Although traditionally, the leader of the herd is female, Mitchell is the leader of the pack for WGI – South Africa. He sees 'the big picture' and nudges group members along in their journey.

2009 Conference!



The Lion (*Panthera leo*) is known for its speed and can reach 50 km/h and jump up to 12 metres. Roy is our lion whose quick-thinking solutions and ‘off-the-cuff’ remarks entertain as well as educate. His keen sense of humour has helped the group overcome many challenges during their training.

The Leopard (*Panthera pardus*) is shy and nocturnal and can survive in the most diverse environments of jungle and desert. Its senses of sight, smell and hearing are extraordinarily well-developed. Henry is our leopard, one who easily adapts to his surroundings. He is a person who has great insight, paying attention to detail and offering sound solutions to any conflict.

The Big Five are prized in the wilds and are among the most dangerous mammals on earth. So, South Africa, be on the alert for the onslaught of all those intensive weeks that will help further transform the continent. The Big Five are the pioneers, bringing awareness, a sense of purpose and resources to Africa. Congratulations on a job done extraordinarily well! ~JSS



Standing (left to right) Henry van Wyk, Norman Cloete, Nicholas Jacobus Links (Bobby)

Seated (left to right) Gerhard van Schalkwyk (Roy), Jean Suffield, Mitchell Messina

1Baanbrekers: Pioneers, ground-breakers.

2Rhinocerus: The white rhino eats grass and therefore holds its head lower, mouth near the ground. There is nothing in the color to distinguish it from the black rhino: the “white” comes from the Afrikaans word for “wide” mouthed rhino. The black rhino carries its head higher because it eats leaves instead of grass. [The] black rhino calves follow the mother; white rhino calves run in front. Reprinted from: Travel Unlimited: Uncommon Adventures for the Mature Traveler (Avalon Travel Publishing) 2000.

Dear friends and colleagues,

Creative “thinking outside the box” workshop proposals are being accepted for the opportunity to share real-life applications of Choice Theory. Submit your proposal now to ensure a place in the program for the upcoming 2010 conference.

*Al Katz
Program Chair*



Here are some examples of creative ideas:

1. Dr. Glasser, Dr. Phil and Oprah: why is everyone tuning in?
2. Reality Therapy sounds great! Now how can I use it to help me?
3. If life is a dance, I've forgotten the steps. How do I get back into the rhythm of life?
4. How to implement Lead Management in our current financial situation.
5. iPods, Facebook, Twitter ...how I reconnect with disconnected kids.

We're looking for innovative, real-life application workshops.

We're also looking for Interactive workshops for participants new to Choice Theory as well as for spouses and guests of WGI members.

We know participants understand the concepts. What we want is to show them how they can immediately use and apply these techniques in their personal and professional lives.

Contact:
Al Katz, Program Chair
wgi-proposals2010@me.com





Workshop Presentation Application Form

First Name _____ Last Name _____
 Street Address _____
 Town/City _____
 State _____ Zip Code _____ Country _____
 Area Code/Phone _____
 Email _____

WORKSHOP DETAILS

Title: _____

Synopsis of workshop to include:
(max 200 words, enclose as an attachment)

- purpose and nature of workshop;
- statement of the intended audience;
- how it is interactive or experiential;
- statement of objectives/outcomes.

Max Size of Group:

Audio visual aids requested:

- flip chart/easel
- overhead projector & screen
- PowerPoint projector & screen
- special request _____

Brief Bio and picture of yourself:
(max 50 words, enclose as an attachment)

We will only be choosing workshops that deal with innovative, real-life applications of CT/RT.

Criteria for Presenters:

- RT Certified
- Current members of The William Glasser Institute
- Registered for the conference

We will accept 3 handouts (3 single pages) to be included in the program (enclosed with the application form as an attachment)

Application and handouts should be in Microsoft Word, Apple Pages, or pdf format

All workshops will be 90 minutes.

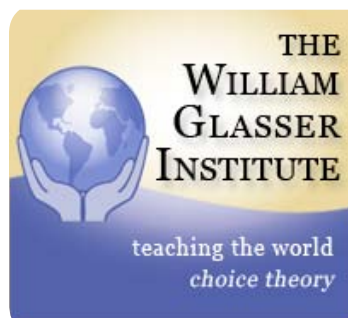
Please submit applications by March 15, 2010

Open Intensive Weeks - Basic Intensive Weeks

| <i>Date</i> | <i>Location</i> | <i>Contact</i> | <i>Phone</i> | <i>Email</i> |
|-------------|----------------------|------------------|--------------|-----------------------------------|
| 07/15/09 | Phoenix, AZ | Bob Hogleund | 480-861-3116 | bob@bobhogleund.com |
| 07/20/09 | Seattle, WA | Martin Price | 206-524-3888 | mwprice@verizon.net |
| 07/20/09 | Edmond, OK | Nancy Dees | 405-341-7226 | njdees@sbcglobal.net |
| 07/25/09 | Cincinnati, OH | Bob Wubbolding | 513-561-1911 | wubsrt@fuse.net |
| 07/27/09 | Chicago, IL | Kim Olver | 708-957-6047 | kimolver@hotmail.com |
| 07/27/09 | Colorado Springs, CO | Jerry Noel | 719-238-1464 | jerrynoel_3@msn.com |
| 07/31/09 | Los Angeles, CA | WGI | 800-899-0688 | wginst@wglasser.com |
| 08/03/09 | Bemidji, MN | Judy Comstock | 218-444-1600 | judycomstock@midco.net |
| 08/06/09 | Winston-Salem, NC | Nancy Herrick | 336-768-0952 | ndherrick@msn.com |
| 08/08/09 | Colorado Springs, Co | Jerry Noel | 719-238-1464 | jerrynoel_3@msn.com |
| 08/10/09 | Portland, OR | Judith Klefman | 503-887-1492 | judithklefman@comcast.net |
| 08/10/09 | Regina, SK- Canada | Carole Eaton | 306-569-1977 | ceaton@phoenixsocietyofregina.com |
| 08/10/09 | Vernon Hills, IL | Peter Driscoll | 269-967-7082 | driscollhp@gmail.com |
| 08/20/09 | North Vancouver, BC | Lucy Scott | 604-983-2202 | lscott@realitycounselling.ca |
| 08/22/09 | Colorado Springs, CO | Jerry Noel | 719-238-1464 | jerrynoel_3@msn.com |
| 08/24/09 | Riverview, NB | Maureen McIntosh | 506-386-5868 | maureen@nbnet.nb.ca |
| 08/24/09 | Bellmawr, NJ | Kim Olver | 708-957-6047 | kim@realitytherapycentral.com |
| 09/03/09 | Richmond, VA | Nancy Herrick | 336-768-0952 | ndherrick@msn.com |
| 09/26/09 | Colorado Springs, CO | Jerry Noel | 719-238-1464 | jerrynoel_3@msn.com |
| 10/01/09 | Brandon, MB | Rick Puteran | 204-725-6940 | puteranr@mts.net |
| 10/08/09 | Augusta, GA | Nancy Herrick | 336-768-0952 | ndherrick@msn.com |
| 10/10/09 | Colorado Springs, CO | Jerry Noel | 719-238-1464 | jerrynoel_3@msn.com |
| 10/13/09 | Seattle, WA | Martin Price | 206-524-3888 | mwprice@verizon.net |
| 10/19/09 | Toronto, ON | Jim Montagnes | 416-261-1085 | jmontagnes@makechoices.com |
| 10/19/09 | Riverview, NB | Maureen McIntosh | 506-386-5868 | maureen@nbnet.nb.ca |
| 10/22/09 | Colorado Springs, CO | Jerry Noel | 719-238-1464 | jerrynoel_3@msn.com |
| 10/23/09 | Delta, BC | Daphni Clifton | 604-949-1967 | djclifot@cddnet.com |
| 11/06/09 | Virginia Beach, VA | Nancy Herrick | 336-768-0952 | ndherrick@msn.com |
| 11/09/09 | Portland, OR | Judith Klefman | 503-887-1492 | judithklefman@comcast.net |
| 11/13/09 | Los Angeles, CA | The WGI | 800-899-0688 | wginst@wglasser.com |
| 11/19/09 | Colorado Springs, CO | Jerry Noel | 719-238-1464 | jerrynoel_3@msn.com |
| 11/20/09 | Winston-Salem, NC | Nancy Herrick | 336-768-0952 | ndherrick@msn.com |
| 12/03/09 | Colorado Springs, CO | Jerry Noel | 719-238-1464 | jerrynoel_3@msn.com |
| 01/25/10 | Seattle, WA | Martin Price | 206-524-3888 | mwprice@verizon.net |
| 02/04/10 | Phoenix, AZ | Bob Hogleund | 480-861-3116 | bob@bobhogleund.com |
| 02/27/10 | Cincinnati, OH | Bob Wubbolding | 513-561-1911 | wubsrt@fuse.net |
| 03/29/10 | Seattle, WA | Martin Price | 206-524-3888 | mwprice@verizon.net |
| 04/19/10 | Toronto, ON | Jim Montagnes | 416-261-1085 | jmontagnes@makechoices.com |
| 07/24/10 | Cincinnati, OH | Bob Wubbolding | 513-561-1911 | wubsrt@fuse.net |

Advanced Intensive Weeks

| <i>Date</i> | <i>Location</i> | <i>Contact</i> | <i>Phone</i> | <i>Email</i> |
|-------------|--------------------|----------------|--------------|---------------------------|
| 07/20/09 | Blanchard, ID | Kathy Curtiss | 509-671-7505 | kcurtiss@povn.com |
| 07/20/09 | Seattle, WA | Martin Price | 206-524-3888 | mwprice@verizon.net |
| 07/25/09 | Cincinnati, OH | Bob Wubbolding | 513-561-1911 | wubsrt@fuse.net |
| 08/06/09 | Winston Salem, NC | Nancy Herrick | 800-447-3944 | ndherrick@msn.com |
| 08/10/09 | Schaumburg, IL | Peter Driscoll | 269-967-7082 | driscollhp@gmail.com |
| 08/17/09 | Portland, OR | Judith Klefman | 503-887-1492 | judithklefman@comcast.net |
| 10/20/09 | Saint John, NB | Ellen Gelinias | 506-529-3270 | egelinias@nb.sympatico.ca |
| 11/06/09 | Virginia Beach, VA | Nancy Herrick | 336-768-0952 | ndherrick@msn.com |
| 02/27/10 | Cincinnati, OH | Bob Wubbolding | 513-561-1911 | wubsrt@fuse.net |
| 07/24/10 | Cincinnati, OH | Bob Wubbolding | 513-561-1911 | wubsrt@fuse.net |



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