



SYMPOSIUM PROGRAMME

SATURDAY 02 DECEMBER 2023

“Platform: Online Zoom sessions”

	UTC Time		PROGRAMME	Presenters /Facilitators
TIME BLOCK 1	01:00-02:00	SESSION 1	Linking CT to Language & Culture	Ksenja Napa
	02:00-0300	SESSION 2	GQS growth	Bette Blanche
	0300-0400	SESSION 3	CT in the Business world	Laura Halliday
	0400-0500	SESSION 4	Implementing the Certification policy	Sonia Munoz
	0500-0600	SESSION 5	New Quality School Journey	Colleen Hope
TIME BLOCK 2	0700-0800	SESSION 6	Linking CT to Language & Culture	Nour Hakkir
	0800-0900	SESSION 7	GQS growth	Bette Blanche
	0900-1000	SESSION 8	CT in the Business world	Sivambiga Athianna
	1000-1100	SESSION 9	Implementing the Certification policy	Denzyl Witbooi
	1100-1200	SESSION 10	Using Metaphors in Counseling with Choice Theory	Ali Sahebi
TIME BLOCK 3	1500-1600	SESSION 11	Graduation project - application of CT by students	Rochester School Students
	1600-1700	SESSION 12	Using CT in relationship counselling	Kim Olver
	1700-1800	SESSION 13	GQS growth	Steve Hammond
	1800-1900	SESSION 14	Parenting and the 21st Century challenges	Nancy Buck
	1900-2000	SESSION 15	Implementing the Certification policy	Lynn Sumida

To register click the following link: - [William Glasser International \(mcssl.com\)](https://www.mcssl.com)

SESSION INFORMATION

SESSION 1

TOPIC: LINKING CHOICE THEORY AND REALITY THERAPY TO LANGUAGE AND CULTURE

Join us for a discussion on the implementation of CT & RT within different cultures using various languages. Be part of the conversation as we explore how different words used in CT & RT might present some challenges. As we try to make sense of how to frame terms so that it might be culturally respectful and convey the appropriate meaning at the same time.

We will also discuss how different concepts in CT & RT training land within different cultures and the possible pain points. As well as look at the different practices within our training model and the possible challenges it might present to trainers in different countries.

The session is positioned to highlight the richness of our diversity, celebrate it and create an opportunity for us to think creatively about how we might mitigate some of the challenges experienced globally.

FACILITATOR: KSENJA NAPAN

I am a curious learner who got involved with Choice theory in the eighties . I am an Associate Professor at Massey University in Auckland New Zealand where I turn normal people into social workers.

For fun I have conversations with dogs and horses about spirituality of everyday life.

SESSION 2

TOPIC: THE POWER OF CHOICE THEORY: TRANSFORMING SCHOOLS AND STUDENT LIVES

This workshop will provide an overview of the updated WGI guidelines for harnessing the power of Choice Theory and its applications in schools. This revised framework for empowering students and staff to take responsibility for their own choices and actions, encourages schools to embark on the shift from external control to Choice Theory psychology. This shift brings significant improvements in academic results and the well-being of everyone connected with the school. The workshop will provide examples of the school self-evaluation and co-verification process currently being offered to schools which can be used to show the world what is possible.

PRESENTER: BETTE BLANCHE

I am a passionate educator whose happy place is working with schools to help them be places where “children and staff can’t wait to be”. I meet my fun need by being creative and learning new ways to make things better for everyone.

SESSION 3

TOPIC: BRINGING CHOICE TO CORPORATES

Join me for a presentation and lively discussion centered around the theme of "Bringing Choice to Corporates." During this session, I will explore the synergies between psychological concepts such as Choice Theory, Reality Therapy, and Lead Management, combined with the principles of design thinking, to enhance teamwork and foster organisational alignment. I will share challenges associated with integrating these approaches into a corporate setting, and illustrate how these methods can significantly enhance decision-making processes in both product development and the cultivation of a team culture that effectively meets the needs of its members.

PRESENTER: LAURA HALIDAY

I am an enthusiastic and creative individual with a passion for people and a knack for problem-solving. A dedicated lifelong learner, adept at effective communication and collaboration in diverse environments. Committed to making a positive impact through a combination of innovation and motivation.

"When I'm fulfilling my fun need you'll find me spending time with my family on ski slopes, sandy beaches and football (soccer) sidelines."

SESSION 4

TOPIC: IMPLEMENTING THE CERTIFICATION POLICY

Calling all faculty! Please join us for a conversation about the **updated Certification Policy**. As you may know we polled faculty regarding what areas they felt should be reviewed. This your opportunity to understand all the changes that have been approved, and are excited to support you in understanding and implementing the changes.

Not everyone will agree with the changes but we welcome the opportunity to come together and understand the thinking that went into the changes. As a global organization we want participants to be confident that the standards apply to all countries and they can be confident in this standardization and implementation of the policy.

In preparation for the session you may want to review the policy and make notes for the discussion, posted on the WGI website [[Training-Policy-Aug23.pdf \(wglasserinternational.org\)](#)].

FACILITATOR: SONIA MUNOZ

Sonia is the Glasser Quality consultant at Rochester School and the President of Fundacion Elegir. She is a Basic Instructor and current vice-chair of the WGI Board.

She loves teaching and having children surrounding her all the time.

SESSION 5

TOPIC: A SPECIAL GLASSER QUALITY SCHOOL

This presentation is about Mudgeeraba Special School for young people with intellectual impairment and complex needs. It is on the Gold Coast in Queensland Australia. Mudgeeraba State Special School is an Independent Public School that is invested in providing personalised learning pathways for each student to ensure they succeed while enacting the school motto 'Happiness through Achievement'. Our school became a declared Glasser Quality School in September 2022 and this is our story.

PRESENTER: COLLEEN HOPE

Colleen, is the principal of Mudgeeraba Special School and loves the finer things in life. Her cup and saucer in the staff room is fine bone china and she just loves shopping for beautiful clothes. The thing that she likes most about herself is her surname. Hope. It is something that she is full of for her students and her family.

SESSION 6

TOPIC: LINKING CHOICE THEORY AND REALITY THERAPY TO LANGUAGE AND CULTURE

Join us for a discussion on the implementation of CT & RT within different cultures using various languages. Be part of the conversation as we explore how different words used in CT & RT might present some challenges. As we try to make sense of how to frame terms so that it might be culturally respectful and convey the appropriate meaning at the same time.

We will also discuss how different concepts in CT & RT training land within different cultures and the possible pain points. As well as look at the different practices within our training model and the possible challenges it might present to trainers in different countries.

The session is positioned to highlight the richness of our diversity, celebrate it and create an opportunity for us to think creatively about how we might mitigate some of the challenges experienced globally.

FACILITATOR AND TRANSLATOR: NOUR HAKKI

I have been working in the field of interpretation and training for over 20 years bridging the gaps of culture and communication amongst people from the different backgrounds and walks of life. I have visited a number of countries in Africa, Asia, and Europe and enjoyed their culture. My mission remains to always help people communicate and understand each other across the globe.

For fun, I enjoy trying the cuisine of every country I visit.

SESSION 7

TOPIC: THE POWER OF CHOICE THEORY: TRANSFORMING SCHOOLS AND STUDENT LIVES

This workshop will provide an overview of the updated WGI guidelines for harnessing the power of Choice Theory and its applications in schools. This revised framework for empowering students and staff to take responsibility for their own choices and actions, encourages schools to embark on the shift from external control to Choice Theory psychology. This shift brings significant improvements in academic results and the well-being of everyone connected with the school. The workshop will provide examples of the school self-evaluation and co-verification process currently being offered to schools which can be used to show the world what is possible.

PRESENTER: BETTE BLANCHE

I am a passionate educator whose happy place is working with schools to help them be places where "children and staff can't wait to be". I meet my fun need by being creative and learning new ways to make things better for everyone.

SESSION 8

TOPIC: CHOICE THEORY IN THE CORPORATE CORRIDORS

Never in the history of the "Global Corporate Ecosystem" has there been a greater need and focus towards mental wellness of its true food & fuel - its People. While various methods and possibilities are tried and tested, the onset of "Choice Theory" (CT) as a possible Human potential & Human relationship enabler could alter the value "Human mechanics" contributes to the Global Corporate Growth.

CT with its FAB (Features, Advantages, Benefits), may help create awareness for CT and going further perhaps pave way for RT (Reality Therapy) too, to foray in the corporates corridors. Any corporate entity/organisation/firm exists and thrives for either offering a product or a service to the consumer/ customer. To achieve this it needs a set-up of people, premises, goals to achieve, the methods and the means.

PRESENTER: SIVAMBIGA ATHIANNA

I am an International Human Resources & Talent Strategy professional with over 18 years of diverse experience in industries and regions. Holding an MBA in Marketing and Human Resources Management, I also pursued additional qualifications in Psychotherapy and Counselling, including NET UGC credentials. I am a certified Faculty for WGI (William Glasser International, California) and passionately supports initiatives like "Returning Moms" to work, mentoring individuals without gender and age bias to help them achieve their goals.

SESSION 9

TOPIC: IMPLEMENTING THE CERTIFICATION POLICY

Calling all faculty! Please join us for a conversation about the **updated Certification Policy**. As you may know we polled faculty regarding what areas they felt should be reviewed. This your opportunity to understand all the changes that have been approved, and are excited to support you in understanding and implementing the changes.

Not everyone will agree with the changes but we welcome the opportunity to come together and understand the thinking that went into the changes. As a global organization we want participants to be confident that the standards apply to all countries and they can be confident in this standardization and implementation of the policy.

In preparation for the session you may want to review the policy and make notes for the discussion, posted on the WGI website [[Training-Policy-Aug23.pdf \(wglasserinternational.org\)](https://www.wglasserinternational.org/Training-Policy-Aug23.pdf)].

FACILITATOR: DENZYL WITBOOI

I discovered the incredible value of Dr Glasser's work in 2010 and became a certified Basic Instructor in 2015, shaping my work and life ever since. My academic journey led me through physiology and biochemistry, paving the way for 28 years in education as a teacher, school principal, and education consultant. Adding an MBA to my journey as a lifelong learner, I'm deeply passionate about nonprofit development, with a keen interest in strategy and leadership

I love nature and enjoy hiking and spending time with my family. Meeting new people and building connections is one my favorite things to do.

SESSION 10

TOPIC: USING METAPHOR AS A PART OF A CHANGE PROCESS IN REALITY THERAPY

The use of stories and metaphors in Reality Therapy (RT) provides a method to enhance information processing in sessions and thereafter. The goal is to help transform therapeutic information into a form that is easy to remember provides useful guidance, and can be applied in relevant moments in a client's life. The purpose of this presentation is to exemplify commonsense strategies, including vivid stories and metaphors, to help clients/ students translate session material into behavior change: Responsible thinking, Responsible acting.

PRESENTER: DR. ALI SAHEBI

Dr Sahebi is a Clinical Psychologist, Choice Theory and Reality Therapy accredited practitioner, and a member of the Australian Psychological Society, the College of Clinical Psychologists and a member of the Psychology and Counseling Organization of Iran. He has been providing CBT and Reality Therapy for depression, anxiety disorders (OCD, phobias, panic disorder, PTSD) and relationship problems in the North Shore of Sydney and in Iran for over 26 years and founded The Psycho-Educational Institute in Sydney.

He loves soccer (football) and doing regular cycling for fun.

SESSION 11

TOPIC: GRADUATION PROJECT - APPLICATION OF CT BY STUDENTS

We are excited to have a student share work they have done on their understanding and implementation of Choice Theory concepts. The presentation is about how using the WDEP Methodology we can work perfectly to develop a research graduation school project. The project is about how to make informed decisions regarding the future, broad and learning possibilities outside of Colombia.

PRESENTER: SOFIA MÉNDEZ

I'm a Senior at Rochester School in Colombia. From a young age I've learned about Choice Theory and find its value in my everyday life. I am passionate about golf, multicultural learning and the business world.

SESSION 12

TOPIC: NEW QUALITY SCHOOL JOURNEY

The presentation dives into what I discovered in the research I did for my book, Secrets of Happy Couples. I will also take you through the relationship cycle beginning with the Alone Stage, traveling through the Getting to Know You Stage, then the Compatibility Stage, with an emphasis on the Maintenance Stage and finally, back to the grief and loss stage of reentering the Alone Stage once again.

Choice Theory is interwoven throughout all the stages. There will be tasks for the person in each stage, as well as, treatment methods for counselors doing the work of couples counseling.

PRESENTER: KIM OLVER

Kim Olver, LCPC, NCC, BCC is senior faculty and has authored four books, two curricula, created the Academy of Choice which offers BCC Coaching programs and Mental Freedom®, a psychoeducational process based on CT. One of the things she likes to do for fun is dance.

SESSION 13

TOPIC: GLASSER QUALITY SCHOOL GROWTH

This presentation will give an overview of a dynamic school design which seamlessly integrates and dramatically extends the power of the Glasser Quality School. Presenter Steve Hammond will provide in broad brush, the vision, curriculum and pedagogy regarding the Intentional Total Formation (ITF) of all children and youth. Steve has worked on this design for 30 years and has fully implemented it at Saint Patrick Catholic School in Norfolk, Virginia, US with remarkable results. In a sentence, Steve says that ITF schools empower students to freely choose becoming their best selves in the service of humanity.

PRESENTER: STEVE HAMMOND

Steve is a global citizen who works with all school communities to assist them develop a transformational school culture that empowers students to choose the most important, knowledge, virtues, values and skills essential to their lifetime growth and development. Steve is writing a book on intentional total formation of children which is scheduled to be out by July, 2024.

He loves to write poetry and songs.

SESSION 14

TOPIC: PEACEFUL PARENTING FOR ALL PARENTS AND ALL CHILDREN

Peaceful Parenting is the Choice Theory psychology application to parenting. As Glasser taught us, all anyone can do is behave, constantly attempting to gain more effective control. For parents this means controlling their children. At the same time children are also constantly attempting to gain control, and that often means controlling their parents. Understanding and knowing we can only control our own behavior means this job of parenting can get complicated, challenging and difficult. Peaceful Parenting helps parents learn how to work with their children so that both parents and children are able to get what they want, meet their needs, and maintain a lifelong loving relationship with each other.

PRESENTER: NANCY BUCK

Dr Nancy Buck, BSN, MA, PhD, created a birth to death developmental model based on Choice Theory psychology. She has authored five books on parenting and traveling extensively to teach Peaceful Parenting meeting with enthusiastic acclaim.

For fun she plays tennis, pickle ball, and Guestures with her three grandchildren.

SESSION 15

TOPIC: IMPLEMENTING THE CERTIFICATION POLICY

Calling all faculty! Please join us for a conversation about the **updated Certification Policy**. As you may know we polled faculty regarding what areas they felt should be reviewed. This your opportunity to understand all the changes that have been approved, and are excited to support you in understanding and implementing the changes.

Not everyone will agree with the changes but we welcome the opportunity to come together and understand the thinking that went into the changes. As a global organization we want participants to be confident that the standards apply to all countries and they can be confident in this standardization and implementation of the policy.

In preparation for the session you may want to review the policy and make notes for the discussion, posted on the WGI website [[Training-Policy-Aug23.pdf \(wglasserinternational.org\)](#)].

FACILITATOR: LYNN SUMIDA

I am a passionate learner and have been engaged with Dr Glasser's ideas since 1978. They have had a profound effect in both my personal and professional life. I hold a Masters degree in Social work and have worked in education, mental health and corporate contexts. I am senior faculty and an NLP trainer. In private practice I've specialized in work with trauma and developed a model for addressing trauma at the level of the nervous system. I've have founded two companies (Miruspoint Facilitators Inc. and Expanding You Inc.) to offer training and deep core transformation for people.

For fun I love eating, singing and dancing and time with my two teenage grandchildren.

To register click the following link: - [William Glasser International \(mcssl.com\)](#)